

Come. Be. BECOME

“Be who you were created to be, and you will set the world on fire.”



DR. JONATHAN REYES: Boyhood vs. Manhood

QUESTIONS FOR DISCUSSION:

1. Share your initial thoughts on the video. What struck you? What resonated with you? What challenged your view of reality?
2. Jonathan Reyes said that we were born into a *Battle*. What are some modern-day battles Christian Men fight, and what are the obstacles that stand in the way of fighting the fight well?
3. Jonathan defines COURAGE as *“doing the right despite the fear”*. Can you recall a time, where fear got in the way of doing what you knew to be the right thing to do?
4. Dr. Reyes discusses the differences between “boys” and “men”. Review some of these differences listed in the table on the back side of this study guide. What are some consequences of men remaining in a state of boyhood – within their families, workplaces, or society as a whole? (eg. *How will a boy “looking to have fun” respond when faced with the demands of family/professional life. Contrast this with the response of a man who “seeks to do his duty”*)
5. We are all called to be followers of Christ. How does becoming a *Great Man*, as described by Dr. Reyes, help us to answer this calling? Where can men look to be fortified in their quest for greatness?

LIVE IT – WEEKLY CHALLENGE

Say “*Come Holy Spirit*” and ask Him to help you identify one area for growth from the “*Boys vs. Men*” table on the back of this study guide. Set a daily reminder on your phone, to bring this area into focus as you start each day.

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| DR. JONATHAN REYES: BOY VS. MAN | |
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| BOY | MAN |
| Fundamental Vision of the world : Looks to have fun | Fundamental Vision of the world : Looks to do his duty |
| Concerned with whether people like him. | Concerned with gaining respect by doing the right thing. (Great leaders are not liked by everyone, they are respected.) |
| Tends to be self-focused. Walks into a room and says: "What is this environment going to give me?" | Serves others. Walks into a room and says: " What is my role here, how do I act as a man in this environment, to make it better. How do I serve the common good in this given situation". |
| Seeks comfort (comfy clothes, blanket & stuffies). | Seeks to do the good (the right thing) at any given moment, no matter how difficult and uncomfortable. |
| Easily forgetful of responsibility (does not want responsibility, flees from commitment). | Wants responsibility (give me the ball). |
| Quickly discouraged. Walks away from responsibility when it gets hard. | Stays at it. Not easily turned away from his purpose. Persists until task completed. |
| Does not change his environment or have an effect on it; he participates in it; he plays. | Is always in an environment having an impact. If he's a good man, he's having an impact for good. When he exercises himself in an environment, it is with influence (he doesn't necessarily to say anything or lead). |
| Needs external discipline to keep order (boarding schools, rules). | Is self-disciplined; a master of self. He imposes limits upon himself (food, drink, exposure to media , entertainment etc.) |
| Likes to brag, strut and 'talk junk'. | Does not exalt himself. He honors others and lets his actions speak. A man of true holiness exercises influence and commands respect without having to talk about himself at |
| Avoids serious commitment. Whines when things get hard and uncomfortable, and 'flakes out'. | Looks to take a vow. Wants to commit himself to something and stick to it, and say: " my word matters, and unto death I will honor my word". |
| Impressed by show (cares what kind of car you drive). Looks at the outward appearance (flashy shoes & attire). | Cares about character, and the kind of man / woman they meet. Does this person keep his/her word? Doesn't ask about what the person looks like on the outside. |
| Looks at a woman as a source of self-indulgence; an object. | Looks at a woman as someone to be respected, honored and protected. |
| Looks at a potential spouse as another mother to take care of his needs so that they can further be indulged. | Looks for a wife and partner as someone he can build a life with and can go on the journey of discipleship with, and respect and lay his life down for. Someone to stand in the tempest of life with and rejoice with in the joy. |
| Looks to be praised (yay, you did well). | Looks to give honor; to see people recognized for honorable acts. |
| Whines and complains. | Endures. |
| Avoids commitment ("I'll come maybe, if I don't find something more fun by then"). | Treasures commitment; Commitment is a sign of your dignity - your ability to commit your entire life to someone or something. You can make a gift of yourself. |
| Governed by his passions, feelings and emotions. How he feels in a given moment (hungry, hot, cold, sad, happy) governs how he behaves. | Governed by Truth . He sees what the truth is in any given situation no matter how he feels, and he executes his duty in accord with it. Recognizes the good. I serve it, it doesn't serve me. Emotions are not stable guides. |

EXTRA RESOURCES:

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| What is Manliness (Article) | https://www.artofmanliness.com/articles/what-is-manliness/ |
| Book by Fr. Larry Richards | Be A Man!: Becoming the Man God Created You to Be. URL: https://amzn.com/2H20PVQ |

Visit hrcyoungadults.ca/become for links to the session videos, question sheets, resources and more.