

Come. Be. BECOME

“Be who you were created to be, and you will set the world on fire.”



MARK HART: United in Battle

QUESTIONS FOR DISCUSSION:

1. Mark defined *courage* as “*the refusal to be mastered by fear.*” What are examples of common situations in which we give in to fear in our day-to-day interactions with the world. What are we afraid of? How can we practically “armour up” as men for the battle with the evil one? What “battle-shields” does our Church (faith) offer us?
2. What are some of the ways in which we as men fall short in carrying out our primary mission “to serve and to protect” in our culture today? What are the consequences for the society we live in? What are the solutions?
3. “*Sin enters through the doors that we purposefully leave cracked open.*” What are some ways in which we leave the door to sin “cracked open?” What advice would you give a buddy looking for help with fighting their porn-viewing habit?
4. The image of Derek Redmond’s father rushing to help his son finish the race is a powerful one. Similarly, Jesus also wants to rush to our aid at times of need; His love for us far exceeds even Derek’s Fatherly Love for His Son. What are your thoughts on this statement? What are some ways in which Jesus has proven (proves) His love for us?

LIVE IT – WEEKLY CHALLENGE

Sin enters through the doors we purposely leave cracked open. Invite the Holy Spirit to reveal one sin that you have been struggling to let go of, and reflect on the triggers that lead you to fall into this sin. Devise a battle plan for closing doors that you have left open.

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EXTRA RESOURCES:

Book by Mark Hart	Blessed are the Bored in Spirit https://amzn.to/2EwMVte
A Catholic Fraternity that emboldens men to grow in faith and virtue, and to encourage each other in this pursuit.	Blog, Weekly Podcast, Events http://www.bandofchristianbrothers.com
Statue of David by Michelangelo	https://www.michelangelo.org/david.jsp
Quotes	<i>“Courage is not the absence of fear, it is the refusal to be mastered by it.”</i> <i>“God has made saints of far worse people than you.”</i>
App that provides a strategic battle plan for liberty in the struggle against pornography.	Victory app: https://thevictoryapp.com
A screen accountability initiative	Covenant Eyes: https://www.covenanteyes.com
Book by Tim Gray & Curtis Martin	Boys to Men: The Transforming Power of Virtue https://amzn.to/2Qrt8jx

Visit hrcyoungadults.ca/become for links to the session videos, question sheets, resources and more.